

PRO-ACTIVE ADVENTURE

Conwy

	Day 1	Day 2	Day 3	Day 4
Activity	Arrive	Instructors Meeting: 8:30	Instructors Meeting: 8:30	Instructors Meeting: 8:30
		School Briefing: 8:45	School Briefing: 8:45	School Briefing: 8:45
		Activities: 9:00	Activities: 9:00	Activities: 9:00
		Coasteering The Range	Gorge Walk Afon Du	Archery On Site
		Lunch: 12:00	Lunch: 12:00	Lunch: 12:00
	Activities: 12:30	Activities: 12:30	Activities: 12:30	Depart
Activity	Climbing & Abseiling Conwy Mountain	Beach Games Porth Dafarch	Bush Craft On Site	
	End Activities: 15:30	End Activities: 15:30	End Activities: 15:30	
	Evening Meal: T.B.C.	Evening Meal: T.B.C.	Evening Meal: T.B.C.	
Activity	Optional Extra Activities: 18:00 – 19:30	Optional Extra Activities: 18:00 – 19:30	Optional Extra Activities: 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Raft Building, Team Initiative Challenges, Archery, Bush Craft, Gorge Walking, Full Day Coasteering & Beach Games, Mine Exploration, Mountaineering, Sit On Kayaking/Canoeing, Operation Search & Rescue, Orienteering.