



PRO-ACTIVE ADVENTURE

Forest Of Dean



	Day 1	Day 2	Day 3	Day 4	Day 5
Activity	Arrive	Instructors Meeting: 8:30	Instructors Meeting: 8:30	Instructors Meeting: 8:30	Instructors Meeting: 8:30
		School Briefing: 8:45	School Briefing: 8:45	School Briefing: 8:45	School Briefing: 8:45
		Activities: 9:00	Activities: 9:00	Activities: 9:00	Activities: 9:00
		Sit On Kayaking Trip Kern Bridge To Huntsman	Gorge Walk Lower Section	Climbing/Abseiling Far South	Orienteering or Archery On Site
		Lunch: 12:00	Lunch: 12:00	Lunch: 12:00	Lunch: 12:00
Activity	Activities: 12:30	Activities: 12:30	Activities: 12:30	Activities: 12:30	Depart
	Team Initiative Exercises On Site	Sit On Kayaking Trip	Gorge Walk Lower Section	Bush Craft On Site	
	End Activities: 15:30	End Activities: 15:30	End Activities: 15:30	End Activities: 15:30	
	Evening Meal: T.B.C.	Evening Meal: T.B.C.	Evening Meal: T.B.C.	Evening Meal: T.B.C.	
Activity	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Sit On Top Kayaking/Canoeing, Climbing, Caving, Mountain Biking, Archery, Orienteering, Team Initiative Exercises, Bush Craft, Forest Treks