

PRO-ACTIVE ADVENTURE

Pantienion Hall

	Day 1	Day 2	Day 3	Day 4
Activity	Arrive	Inst. Meeting: 8:30	Inst. Meeting: 8:30	Inst. Meeting: 8:30
		School Briefing: 8:45	School Briefing: 8:45	School Briefing: 8:45
		Activities: 9:00	Activities: 9:00	Activities: 9:00
		Sit On Kayaking Dysynni	Blue Lake Buzz Day	Archery On Site
		Lunch: 12:00	Lunch: 12:00	Lunch: 12:00
	Activities: 12:30	Activities: 12:30	Activities: 12:30	Depart
Activity	Team Initiative Challenges On Site	Raft Building Dysynni	Blue Lake Buzz Day	
	End Activities: 15:30	End Activities: 15:30	End Activities: 15:30	
	Evening Meal: T.B.C.	Evening Meal: T.B.C.	Evening Meal: T.B.C.	
Activity	Optional Extra Activities 18:00 – 19:30	Optional Extra Activities 18:00 – 19:30	Optional Extra Activities 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Sit On Kayaking/Canoeing, Archery, Beach Games, Mountaineering, Team initiative games, Bush Craft, Raft Building, Mine Exploration, Mountain Biking, Orienteering, Search & Rescue, Body Boarding.